

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Predmet: Psihologija osebnosti
Course title: Psychology of Personality

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
- Pedagogika in andragogika, 1. stopnja	/	1.	2.
- Pedagogy and andragogy, BA	/	1.	2.

Vrsta predmeta / Course type

- obvezni skupni predmet/obligatory course

Univerzitetna koda predmeta / University course code:

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje work	Druge oblike študija	Samost. delo Individ. work	ECTS
60	/	/	/	/		5

Nosilec predmeta / Lecturer: izredni profesor/ associate professor Andreja Avsec

Jeziki / Languages: Predavanja / Lectures: slovenščina/Slovene
 Vaje / Tutorial: /

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:**Prerequisites:**

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Vsebina:**Content (Syllabus outline):**

POJMOVANJE, OCENJEVANJE IN RAZISKOVANJE OSEBNOSTI

Koncept osebnosti. Ocenjevanje osebnosti. Raziskovanje osebnosti. Temeljni dejavniki oblikovanja osebnosti.

PERSPEKTIVE, MODELI IN TEORIJE OSEBNOSTI

Psihodinamske teorije osebnosti (psihoanalitski, neanalitski in postanalitski modeli).

Dispozicijske teorije osebnosti (tipološki in dimenziološki modeli).

Vedenjsko-socialno-kognitivne teorije osebnosti (vedenjski, kognitivni, socialno kognitivni modeli).

Humanistične teorije osebnosti; pozitivna psihologija osebnosti.

Bioevolucijske teorije osebnosti.

Modeli osebnosti kot podlaga pedagoški teoriji in praksi.

Pojmovanja osebnosti v drugih kulturah.

STRUKTURA OSEBNOSTI IN MEDOSEBNE RAZLIKE

Telesni, konativni in kognitivni prostor osebnosti (konstitucija, temperament, značaj, intelekt).

Sposobnosti: inteligentnost, ustvarjalnost, genialnost; emocionalna, socialna, moralna in duhovna inteligentnost, modrost.

Individualne in skupinske razlike.

Osebnost in učna uspešnost.

DINAMIKA, RAZVOJ IN TRANZICIJE OSEBNOSTI

Motivacijske in emocionalne dimenzije osebnosti. Privlačnost. Altruizem. Agresivnost.

Vrednote. Jaz, samopodoba in samospoštovanje.

Dejavniki, modeli in stopnje osebnostnega razvoja. Razvoj temeljnih dimenzij osebnosti in kognicije.

Osebnost, stres in zdravje. Osebna čvrstost.

Osebnostno blagostanje/zdravje. Osebnostne motnje.

Neznanke osebnosti. Nezavedno. Zavest.

Paranormalni in transcendentni vidiki osebnosti.

COMPREHENSION, EVALUATION AND RESEARCH OF PERSONALITY.

Concept of personality. Evaluation of personality. Personality research. Basic factors of personality development.

PERSPECTIVES, MODELS AND THEORIES OF PERSONALITY.

Psychodynamic theories of personality (psychoanalytic, neanalytic and postanalytic models). Disposition theories of personality (typological and dimensional models).

Behavioral, social and cognitive theories of personality (behavioral, social and cognitive models). Humanistic theories of personality, positive psychology of personality.

Bioevolutional theories of personality.

Personality models as a base for educational theory and practice. Personality comprehension in different cultures.

PERSONALITY STRUCTURE AND INTERPERSONAL DIFFERENCES.

Physical, conative and cognitive area of personality (constitution, temperament, character, intellect). Abilities: intelligence, creativity, genius; emotional, social, moral and spiritual intelligence, wisdom. Individual and group differences. Personality and academic achievement.

PERSONALITY DYNAMICS, DEVELOPMENT AND TRANSITIONS.

Motivational and emotional dimensions of personality. Attractiveness. Altruism.

Aggressiveness. Values. Self, self-concept and self-esteem. Factors, models and levels of personality development. Development of basic personality dimensions and cognition.

Personality, stress and health. Personal

hardiness. Personal well-being and health.

Personality disorders. Personality unknowns.

Consciousness and unconsciousness.

Paranormal and transcendental views of personality.

Temeljni literatura in viri / Readings:

Musek, J. (2010). Psihologija življenja. Vnanje Gorice: Inštitut za psihologijo osebnosti.

Cilji in kompetence:

Cilji:

Posredovanje najpomembnejših temeljnih informacij o osebnosti in medosebnih razlikah, povezovanje, kritično presojanje in uporaba teh informacij. Po končanem programu dobi študent vpogled v to, s čim se ukvarja psihologija osebnosti, kakšne cilje in naloge si pri tem postavlja in kakšne metode pri tem uporablja. Študent tudi pridobi vpogled v najpomembnejše teorije in modele osebnosti, izsledke na področju strukture, dinamike in razvoja osebnosti in je sposoben te modele in izsledke aplicirati v svojem strokovnem izobraževanju in v svojem življenju.

Kompetence:

Študent je zmožen razumeti, presojati in z izbranimi metodami oceniti osebnost (afektivne, konativne in kognitivne osebnostne značilnosti) posameznika in skupin posameznikov, njihovo strukturo, dinamiko in razvoj; zmožen je tudi razumeti, presojati in ocenjevati medosebne razlike v osebnostnih značilnostih in celostnem delovanju osebnosti in spoznanja o osebnosti aplicirati na pedagoškem področju, v svojem izobraževanju, v poklicnem delu in v svojem življenju.

Objectives and competences:

Goals:

To give the most important and fundamental information on personality and interpersonal differences, and to link, critically judge and use them. Students gain insight into the goals of personality psychology, its tasks and methods. Students also gain insight into the most important theories and models of personality, and research results in the fields of structure, dynamics and development of personality. Students learn how to apply these models and findings to their professional education and personal life.

Competences:

Students are able to understand, judge and evaluate personality (characteristics, structure, dynamics and development) with appropriate methods. They are also able to understand and evaluate interpersonal differences in personality traits and activity of personality. Students are able to apply their knowledge of personality on their education, pedagogical practice, professional work and personal life.

Predvideni študijski rezultati:

Znanje in razumevanje:

Poznavanje koncepcij, modelov in teorij osebnosti, njihove empirične veljavnosti in njihovega pomena za razumevanje človekove narave. Poznavanje načinov ocenjevanja in raziskovanja osebnosti. Poznavanje delovanja in zakonitosti strukture, dinamike in razvoja osebnosti. Poznavanje medosebnih razlik v osebnostnem delovanju. Poznavanje vpliva

Intended learning outcomes:

Knowledge and understanding:

Knowledge of personality concepts, models and theories, their empirical validity and their importance for understanding human nature. Knowledge of evaluation methods and personality research. Knowledge of activity and quality of personality structure, dynamics and development. Knowledge of personality differences. Knowledge of personality's effect

osebnosti na vzgojo in izobraževanje in učne dosežke.

Uporaba:
 Aplikacija spoznanj o osebnosti na razumevanje doživljanja in obnašanja samega sebe in drugih oseb. Obvladovanje temeljnih principov in načinov ocenjevanja, raziskovanja in reševanja problemov na področju osebnosti v psihološki in pedagoški praksi.

Refleksija:
 Znanstveno utemeljeno kritično presojanje lastne osebnosti, osebnosti drugih in medosebnih razlik in njihove povezanosti s pedagoškim delom in raziskovanjem.

Prenosljive spretnosti:
 Usposobljenost za kritično in učinkovito uporabo virov, zbiranje in interpretacijo informacij, analize podatkov in izsledkov raziskovanja, komuniciranje strokovnih mišljenj in dognanj v ustni in pisni obliki.

on education and academic achievement.

Use:
 Application of acquired knowledge on understanding experience and behavior of oneself and others. Knowledge of fundamental principles, evaluation methods, research and problem solving in personality and their use in psychological and educational practice.

Reflections:
 Scientifically founded critical judgment about personality of oneself and others and interpersonal differences, and their connectedness to educational practice and research.

Transferable skills:
 Skills at critical and effective use of sources, collecting and interpreting information, analyzing data and research results, and communicating professional opinions and results in written in oral forms.

Metode poučevanja in učenja:

Predavanja

Learning and teaching methods:

Lectures

Delež (v %) /

Weight (in %)

Načini ocenjevanja:

Assessment:

<p>Pisni izpit.</p> <p>Ocenjevalna lestvica obsega ocene od 1 do 10, pri čemer so ocene 1-5 negativne, 6-10 pa pozitivne.</p>	<p>100%</p>	<p>Type (examination, oral, coursework, project): Written examination.</p> <p>Evaluation scale includes grades from 1 to 10, where grades from 1 to 5 are negative and grades from 6 to 10 are positive.</p>
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Reference nosilca / Lecturer's references:

AVSEC, Andreja, KAVČIČ, Tina. Importance of the alternative five and trait emotional intelligence for agentic and communal domains of satisfaction. *Psihologijske teme*, ISSN 1332-0742, 2011, vol. 20, br. 3, str. 461-475

AVSEC, Andreja (urednik). *Psihodiagnostika osebnosti*. 1. ponatis. Ljubljana: Znanstvena založba Filozofske fakultete, 2010, cop. 2007

AVSEC, Andreja, MASNEC, Polona, KOMIDAR, Luka. Personality traits and emotional intelligence as predictors of teachers' psychological well-being. *Psihološka obzorja*, ISSN 1318-1874. [Tiskana izd.], 2009, letn. 18, št. 3, str. 73-86

KLINAR, Nuša, AVSEC, Andreja. Osebnostne lastnosti psov in njihovih lastnikov = Personality of owners and their dogs. *Psihološka obzorja*, ISSN 2350-5141, 2013, [Letn.] 22, str. 80-90